



CONFERENCE MENU

2022-2023

Premium cuisine for your events



Ground Floor Coffee Shop

King's House, 245 Ampthill Road

Bedford MK42 9AZ

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KING'S
HOUSE

Premium Sandwich Buffet

We are happy to put together a variety of delicious sandwiches and wraps depending on the number in your group (see below for example flavours).

Served on a selection of seeded, brown & white bread and wraps.

HONEY ROAST HAM with MUSTARD MAYO

BACON, LETTUCE & TOMATO

BEEF & HORSERADISH SAUCE

CHICKEN, SPINACH & RANCH DRESSING

CHICKEN TIKKA & ICEBERG LETTUCE

PESTO CHICKEN

LEMON PEPPER CHICKEN OR QUORN

PLOUGHMANS SANDWICH

PASTRAMI, GOUDA & GHERKIN

MOZZARELLA, TOMATO & BASIL FINGER ROLLS

FALAFEL, HUMMUS & CHILLI JAM (V)

BRIE, CRANBERRY & ROCKET (V)

HUMMUS, ROASTED RED PEPPER & CARROT (V)

CORONATION CHICKPEA (V)

CRUDITÉS WITH A SELECTION OF DIPS (GF,V)

INCLUDE A SELECTION OF FINGER FOODS (SAUSAGE ROLLS/QUICHE/SAMOSA ETC)

£2.40 extra per person

Served with lightly salted crisps and a mixed fruit platter.

Gluten free, dairy free, halal and vegan options available. If there are any flavours you would particularly like us to include, or any special dietary requirements, please let us know.

For groups of fewer than 8 delegates, we invite you to order lunch on arrival from our wonderful on-site coffee shop.



Cold Fork Buffet

We offer four different menus based on the dishes shown below or we're also happy to put together a mix of dishes that can be tailored to meet your requirements. Each buffet includes delicious meat and vegetarian platters; pies, tarts or snack foods, accompanied by a variety of salads and freshly baked breads*.

Please note this option is only available for groups of 15+

Traditional

COLD MEAT & CHEESE PLATTER

QUICHES / TARTS

SAUSAGE ROLLS / PORK PIE

VARIOUS SALADS such as

Potato salad

Roasted vegetable pasta

Hawaiian coleslaw

Indian

CHICKEN OR PANEER TIKKA

LAMB KOFTA

ONION BHAJIS/SAMOSAS/PAKORA

VARIOUS SALADS such as

Bombay potatoes

Indian rice salad

Chickpea & red onion salad

Italian

ANTIPASTI & CHEESE PLATTER

MEATBALL SKEWERS

CHORIZO/TOMATO PESTO TARTS

VARIOUS SALADS such as

Herby baby potatoes

Chicken pesto pasta salad

Roasted vegetable salad

Middle Eastern

MEZE PLATTER

RAS-EL-HANUT CHICKEN SKEWERS

RED PEPPER FALAFELS

VARIOUS SALADS such as

Moroccan couscous

Tabbouleh

Chickpea, chorizo & red pepper

Our cold fork buffets are served with a seasonal mixed fruit platter.

*Flavours may vary according to availability.

Gluten free, dairy free, halal and vegan options can be included on request.



Themed Hot Buffets

We are happy to put together a varied selection including dishes similar to those below, depending on the size of your group.

Please note this option is only available for groups of 20+

Gluten free, dairy free, halal and vegan options available on request.



Indian

CHICKEN TIKKA MASALA / CHICKEN KORMA

AUTHENTIC LAMB ROGAN JOSH

MIXED VEGETABLE CURRY

CAULIFLOWER & POTATO CURRY

MOONG DAL OR SPLIT PEA DAL

BOMBAY POTATOES, ONION BHAJI/PAKORA

Served with basmati rice, naan bread, poppadums, mango chutney, mint yoghurt.



Mexican

CHILLI CON CARNE / VEGETARIAN CHILLI

CHICKEN / VEGETARIAN FAJITA WITH PEPPERS & ONIONS

MEXICAN BEAN STEW

SPICY STUFFED PEPPERS

Served with tortilla chips, tortilla wraps, spicy rice, guacamole, tomato salsa, sour cream and grated cheese.



Mediterranean

BEEF/VEGETARIAN MOUSSAKA

ROSEMARY, LEMON & GARLIC BAKED CHICKEN

ROASTED VEGETABLES

AUBERGINE, TOMATO & CHICKPEA BAKE

Served with rice, flat breads, green salad and tzatziki.



Chinese

CHICKEN / AUBERGINE IN A BLACK BEAN SAUCE

SWEET & SOUR CHICKEN

TERIYAKI VEGETABLE STIR FRY

GINGER & SESAME FRIED NOODLES

Served with egg fried rice, spring rolls and prawn crackers



Afro-Caribbean

JERK CHICKEN / QUORN

SWEET POTATO & BLACK BEAN CURRY

RICE & PEAS

FRIED PLANTAIN

Served with samosas and salad

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## Classic Buffet



**MEDITERRANEAN CHICKEN IN A RICH TOMATO, OLIVE & RED PESTO SAUCE**

**FRUITY PORK STEAKS WITH AN APPLE & REDCURRANT SAUCE**

**ROAST CHICKEN SUPREME**

**BRAISED BEEF/LAMB & RED WINE CASSEROLE**

**BEEF LASAGNE**

Gluten free, dairy free, halal and vegan options available on request.

# Jacket Potato Bar

For a quick and easy option, we offer Jacket potatoes and sweet potatoes with a selection of fillings:

**BEEF CHILLI/ VEGETARIAN CHILLI**  
**BACON, MUSHROOM & ONIONS**  
**CHICKEN FAJITA**  
**CORONATION CHICKEN/CHICKPEA**

Served with baked beans, grated cheese, butter portions and a green salad.  
Gluten free, dairy free, halal and vegan options available on request.

# Basic Sandwich Buffet

**£5.50 per person OR £8 with a selection of desserts.**



**HAM SALAD**  
**HAM & CHEDDAR**  
**TUNA MAYONNAISE & CUCUMBER**  
**EGG & WATERCRESS (V)**  
**CHEDDAR CHEESE & TOMATO (V)**  
**CHEDDAR CHEESE & CARAMELISED ONION CHUTNEY (V)**  
**VEGAN CHEESE & TOMATO SANDWICH (VG)**  
**GLUTEN FREE CRUDITÉ SELECTION WITH HUMMUS (VG)**

Served with lightly salted crisps and a basket of seasonal fruits.

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# Desserts

We can provide a selection of delicious desserts with fresh fruit, such as

**LEMON/BERRY CHEESECAKE**  
**CHOCOLATE TART**  
**LEMON TART**  
**STICKY TOFFEE PUDDING**  
**CHOCOLATE FUDGE CAKE**  
**ALMONDY DAIM BAR CAKE (GF)**  
**CHEESE BOARD SELECTION**

Gluten free, dairy free, halal and vegan options available

# Breakfast/Add-ons

**SELECTION OF MINI CROISSANTS/DANISH PASTRIES - £1.50**  
**BACON ROLLS - £4**  
**SELECTION OF MUFFINS - £1.90**  
**BASKET OF WHOLE FRUITS - £1.20**  
**SEASONAL FRUIT PLATTER - £2**  
**MIXED CAKE PLATTER - £3.20**  
**BISCUIT SELECTION - 60p**

Prices shown are per person.

Gluten free, dairy free and vegan options available



# Soft Drinks

**APPLE JUICE, ORANGE JUICE, CRANBERRY JUICE - £1.40**

**SPARKLING ELDERFLOWER, LEMONGRASS & GINGER, OR LIME & MINT - £1.40**

**SELF-SERVICE TEA, SPECIALITY TEAS & COFFEE - FROM £2.20 PER SERVING**

Prices shown are per person.

# Alcoholic Drinks

**BOTTLED & CANNED LAGERS & BEERS £2 - £4**

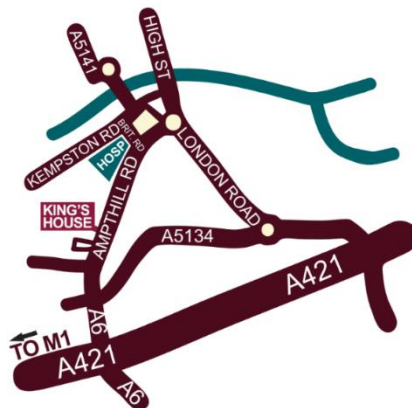
**BOTTLED & CANNED CIDERS £2 - £4**

**RED WINE** (Cabernet Sauvignon, Merlot, Rioja)

**WHITE WINE** (Sauvignon Blanc, Chardonnay, Pinot Grigio)

GLASS £3 / BOTTLE £17

# Where to find us



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King's House, 245 Ampthill Road, Bedford MK42 9AZ  
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